Overuse Injuries of the Foot and Ankle

Presenters

Sonya Ahmed, MD, is a board-certified Orthopedic Surgeon who specializes in treating disorders of the foot and ankle. Dr. Ahmed graduated from the University of Missouri Kansas City’s School of Medicine through a six-year combined BA/MD program. During her residency in Orthopedic surgery at the University of Texas Medical Branch, she received the Hutchings Endowed Scholarship Award for Academic Excellence in Orthopedic Surgery. Dr. Ahmed completed her Fellowship at the American Sports Medicine Institute under Drs. James Andrews, Angus McBryde, John Gould, and John Kirchner, allowing her to treat all levels of athletes. She currently practices at Nilssen Orthopedics Foot & Ankle Center in Pensacola, FL where she is the Co-Director of Foot and Ankle Orthopedic Surgery.

Domenic Esposito, MD, received his Doctor of Medicine at University of Chicago Pritzker School of Medicine and did his residency at University of Illinois at Chicago. Dr. Esposito obtained a fellowship in Orthopaedic Sports Medicine at Andrews Institute for Orthopaedics & Sports Medicine. He has continued at Andrews Institute where he is currently completing a Foot & Ankle Fellowship.